

Petit

P O T P O U R R I

MARCH 2018

A PUBLICATION OF JUNIOR LEAGUE OF LAFAYETTE

March 17, 2018

Get a sneak peek!

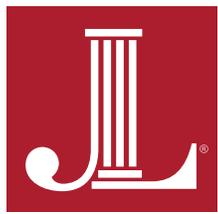
Also inside:

*Tell Me More! Cookbook Celebrates 25 Years
Building Little Free Libraries in Lafayette*



**KITCHEN
TOUR**

JUNIOR LEAGUE OF LAFAYETTE



JUNIOR LEAGUE OF LAFAYETTE

OUR MISSION Junior League of Lafayette is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

OUR VISION Women as leaders for lasting community change.

2017-2018

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ON THE COVER

Junior League of Lafayette prepares for its annual Kitchen Tour fundraiser, showcasing several unique kitchens in the Lafayette community.



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SOCIAL MEDIA

 **Like us on Facebook**
facebook.com/juniorleagueoflafayette

 **Follow us on Twitter**
twitter.com/JLLafayette

 **See us on Instagram**
instagram.com/JLLafayette/

Use our hashtags

- #JLLafayette** whether you're out in the community volunteering or witness League members in action.
- #KitchenTour** for all Kitchen Tour highlights and photos.
- #JLLafayetteCooks** for recipe posts including pictures of your own Junior League of Lafayette Cookbook meals.

JUNIOR LEAGUE OF LAFAYETTE

JOIN our Mission.

One of the great things about Junior League of Lafayette is its sustainability. The best way to keep it going is to recruit women who want to be a part of the Mission. So...how do Admissions criteria fit with the Mission?

Junior League of Lafayette (admissions area is Lafayette Parish plus a 10 mile radius) is an organization of women (a woman is eligible if she has reached her 23rd birthday by June 1, 2018) committed to promoting voluntarism (candidate shall have an interest in voluntarism), developing the potential of women (candidate shall have an interest in developing her potential for voluntary community participation), and improving the community through the effective action and leadership of trained volunteers (candidate must have a commitment to community service).

Junior League of Lafayette invites you to become a trained volunteer, improve the community, meet like-minded women and impact the lives of women and children in our community. For more information, visit juniorleagueoflafayette.com and attend our upcoming informational session, March 21 at 6:30 p.m.



YOU'RE INVITED!

to

 JUNIOR LEAGUE OF
LAFAYETTE

ADMISSIONS INFORMATION SESSION

March 21, 2018

6:30 PM

Junior League of Lafayette
504 Richland Avenue
Lafayette, LA 70508

RSVP Sarah Henderson
slhenderson2016@gmail.com or 251.752.3784

LETTER from the PRESIDENT

As our League year is quickly passing,

I can't help but reflect on our accomplishments thus far. It has already been a year filled with inspiration, hard work and celebration, and I couldn't be more proud of what Junior League of Lafayette has accomplished. Our members are committed to helping women and children in our community, a tradition started 60 years ago, and it is an honor to serve briefly at the helm.

In 1957, 17 civic-minded women founded the Service League of Lafayette to affect positive change in the community by pursuing voluntarism through creative fundraising. The organization grew rapidly, eventually becoming Junior League of Lafayette, and through the decades has had a hand in shaping some of our most cherished community institutions such as Acadiana Center for the Arts, The Family Tree and The Volunteer Center within United Way of Acadiana.

As it did 60 years ago, Junior League of Lafayette continues to provide both financial and personnel resources in the form of trained volunteers to projects and agencies throughout Acadiana. Agencies such as Hospice of Acadiana, Boys and Girls Clubs of Acadiana, Habitat for Humanity and Healing House have benefited from the collective talents and volunteer efforts of our League members.

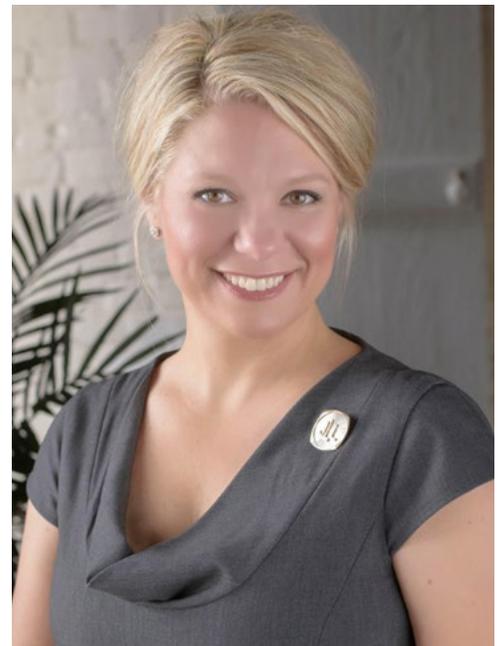
In order to affect change and improve the community, Junior League of Lafayette members receive innumerable training opportunities throughout their years of service. Leadership development and training ensure that our volunteers are well-versed in our areas of focus and equipped with the skills and resources to continue to make Lafayette better for women and children.

At the heart of our work, the Mission of Junior League of Lafayette has been constant. We promote voluntarism. We develop women. We improve our community through the effective action of trained volunteers. Simple yet strong, it has stood the test of changing times. Now as an organization of more than 650 volunteer members, we remain focused on influencing positive change in our community. We are dedicated to improving what is brought before us. And we are dedicated to making a lasting change.

In closing, we are Junior League of Lafayette because of our remarkable network of members, community partners, sponsors, donors and friends. To each of you, I extend my sincerest appreciation for supporting our Mission and allowing Junior League of Lafayette to impact our community for the past 60 years.

With appreciation,

Corinne Cotten Sprague



COMMUNITY SPOTLIGHT

Girls on the Run

Building confidence.

Girls on the Run is a 10-week after-school program for first through fifth grade girls, inspiring them to define their lives on their own terms, while making new friends, building confidence and celebrating what makes them unique.



The Girls on the Run program recently completed its fall season with a run at Girard Park in Lafayette. The colors of pink, purple and orange shined through the day, lighting the way for hundreds of girls to enjoy the event!

Junior League of Lafayette was busy these last few months training teams from the Boys and Girls Clubs of Acadiana – Granberry Unit. The teams were led by a member of Junior League of Lafayette, who coached the girls through a successful run. During the 5K fun run, the girls were assigned a running buddy to cheer them on, in addition to parents, coaches and spectators.

Girls on the Run participants complete a structured program geared to boost their confidence, embrace their differences, share their compassion, and show pride in their community.

Thank you to the Girls on the Run coaches for their dedication in mentoring these girls toward a positive and meaningful goal.

“I love being a part of Girls on the Run because it helps the girls with their self confidence, gives them a safe place to share their feelings and teaches them healthy communication skills. It’s rewarding to see the girls open up and grow throughout our time spent with them.” — Katarina Adkisson, JLL member

COMMUNITY SPOTLIGHT

COMMITTEE CHAIR PROFILE

Daphne Olivier, Girls on the Run

How long have you been a member of Junior League of Lafayette?

This is my first active year in Junior League of Lafayette.

What do you like most about being the Chair of Girls on the Run this year?

Knowing that our team is making a positive influence on the young girls that will soon be contributors to our community is very rewarding. These girls are faced with many challenges and are so appreciative of the positive attention they get during our time together.

How have your previous placements prepared you for this role?

I was the Chair of our Provisional Project, where we worked with the children of Bridge Ministry. We worked with them weekly for 12 weeks, teaching them how to plant foods, read and cook. This helped me better understand how Junior League of Lafayette committees are managed.

How would you describe Girls on the Run to someone who has not participated in this event? Girls on the Run is a national, 10-week program. It has a structured curriculum that helps girls build confidence, character, compassion and competence. Our weekly practices focus on discussions, activities and running exercises. At the end of the 10-week program, we run a 5K to show the girls involved that they can achieve what they have been working toward.



COMMUNITY SPOTLIGHT

HAVE NO FEAR? Have no future.

Did you know that the U.S. Department of Transportation reports the average time your eyes are off the road while texting is **FIVE SECONDS**?

When driving at **55 MPH**, that's enough time to cover the length of a football field, blindfolded!



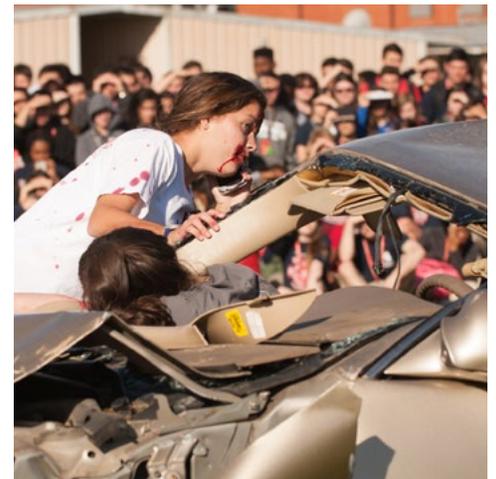
Junior League of Lafayette will present this year's **NO FEAR NO FUTURE** two-day program to Carencro High School upperclassmen during the spring semester. The primary purpose of the program is to discourage distracted and impaired driving. The two-day event will include a mock crash, incarceration and hospital reenactments, a funeral and an assembly.

"I have seen the devastation and heartbreak caused by improperly operating a vehicle. My hope is that through this program, we create a lasting awareness of dangers associated with distracted and impaired driving," stated Amanda Fontenet, **NO FEAR NO FUTURE** Chair. As the mother of teenage drivers and a former paramedic, she is passionate about the program. "I want these students to support each other and make conscious decisions to focus

their attention on driving - and only driving - when operating a vehicle."

For the past fifteen years, this program has impacted more than **10,000 students**. "**NO FEAR NO FUTURE** is imperative to our community because if it helps to save just one life, then the program has served its purpose," said Corinne Cotten Sprague, Junior League of Lafayette President. "With motor vehicle crashes being the leading cause of death for teens, **NO FEAR NO FUTURE** hopes to inform, inspire, and help protect our future community leaders. The impact this program has is far-reaching and everlasting."

Thanks to a number of community partners, Carencro High School and the **NO FEAR NO FUTURE** Committee, this event will leave a continual reminder for young drivers to always be safe and attentive.



COMMUNITY SPOTLIGHT

JUMP WITH JILL

Rocking Lafayette Elementary Schools

Junior League of Lafayette was proud to once again bring a nutrition education program to local schools. This past December, the world's only Rock & Roll nutrition show, **Jump with Jill**, performed over a period of five days at six elementary schools in the Lafayette area.



Created by a Registered Dietitian and professional musician, Jump with Jill is both educationally sound and completely Rock & Roll.

"Being able to experience Jump with Jill with the students of Lafayette Parish has truly been a rewarding experience," remarked Kelli Broussard, Jump with Jill Chair. "To see the joy in the kids' eyes as they watched the performance was awesome. It's nice to see the first hand the impact of the efforts of Junior League of Lafayette."

More than 2,500 children were able to join in the fun

this past year and more than 15,000 students have been impacted since local implementation four years ago.

Jump with Jill uses music and dance to celebrate healthy habits by transforming nutrition education into a live concert. Behaviorally-focused and research-proven, the show creates a world where healthy is not just an important thing to do, but the cool thing to do.

Thank you to the Jump with Jill Committee for their enthusiasm and support in bringing this wonderful program to our community.



KITCHEN TOUR Talk About Good Kitchens

Join us for another exciting Junior League of Lafayette Kitchen Tour! This self-guided event showcases stunning indoor and outdoor kitchens and entertaining spaces across our city.

Tour goers will get an exclusive peek at everything from renovated residences to timeless construction, outdoor oasis-like settings to classic French elegance. Tickets are on sale now through juniorleagueoflafayette.com. Each \$25 ticket provides admission to all six homes, as well as 30% off any Junior League of Lafayette cookbook. Enjoy an afternoon with friends, while supporting Junior League of Lafayette's service in the community!



WHEN: Saturday, March 17, 2018; 12–4 p.m.

HOW: Admission tickets are \$25 each

NOTE: Tickets include 30% off JLL cookbooks. Plus, enjoy taste treats throughout the tour from these popular, timeless books!

WHERE: Tickets at juniorleagueoflafayette.com or call 337.988.2739

WHAT TO EXPECT

ACACIA DRIVE - Loftin residence: This recently renovated, contemporary home features ultra-hip and modern design elements sure to leave you with much inspiration.

AMELIA STREET - Roy residence: This stately, historic home is adorned with Versailles inspiration. Make sure to see its THREE gorgeous French kitchens.

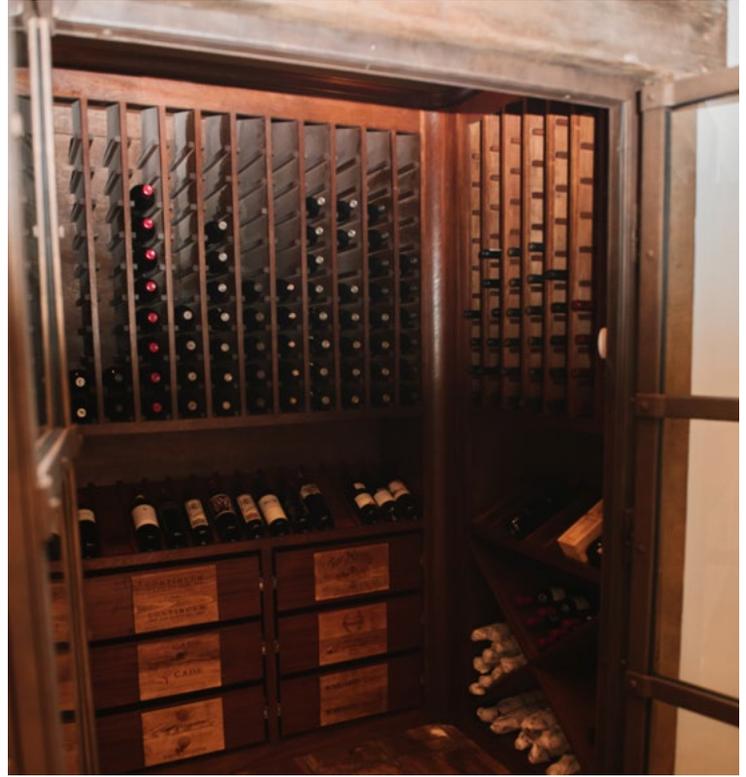
SOUTHLAWN DRIVE - Roth residence: This beautiful home tucked away in the heart of Lafayette is filled with touches of timeless, classic elegance. It's sure to spark tons of inspiration for your dream space.

MILL VALLEY RUN - Block residence: You won't want to miss this home's outdoor oasis overlooking the Vermilion River, with a kitchen that is every man's dream.

WEST BAYOU PARKWAY - Moss/Roy residence: View this uniquely modern kitchen with Santa Fe-inspired design. You'll leave feeling serene and tranquil after you visit this beauty.

WHITCOMB DRIVE - Kilgore residence: This completely renovated home is made for entertaining. Don't miss its custom wine cellar and impressive design, perfect for family gatherings and social events.

SNEAK PEEK



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SILVER SPOON

Acadiana Profile Magazine
Magnolia Lawns
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**KITCHEN
TOUR**
JUNIOR LEAGUE OF LAFAYETTE



SUSTAINER SPOTLIGHT

What's it all about?

If you search for the definition of the word 'sustain,' you'll find several meanings:

*Sus*tain: To maintain. To supply with necessities or nourishment. To support the vitality; to encourage. To bear up. To affirm.*



These words certainly personify the women affectionately known as **Sustainers in Junior League of Lafayette**. Though they have given decades of service to the League and no longer need to meet the requirements of active membership, they are vital to our Mission. Sustaining members still very much support the League through volunteer activities, generous donations, and advisory roles as mentors for members. They are fundamental to Junior League of Lafayette – preserving

our historic roots, encouraging our new endeavors, and fostering our growth. There are currently **338** identified Sustainers who meet periodically for fellowship and engagement in current League activities. Many of the women supported the recent Tinsel & Treasures fundraising event by donating their time and talents, and will do the same again for the upcoming Kitchen Tour fundraiser. In addition, **27** Sustainers serve as Committee Advisors in the 2017-2018 League year.

Several community projects offered today through Junior League of Lafayette began when current Sustainers were Active members, such as Kids in the Kitchen and Junior Quiz Bowl. What started as the Service League of Lafayette providing support to the former Lafayette Charity Hospital Children's Ward in 1958, the hard work and dedication of Junior League of Lafayette and our Sustainers continues strong, **60 years later**.

SUSTAINING ADVISOR TO THE BOARD: Alison Howard
SUSTAINING ADVISOR TO THE MANAGEMENT TEAM: Judy Mahtook
COMMITTEE ADVISORS: Jeigh Stipe, Gretchen Varnall, Cynthia Thompson, Michelle Hebert, Kristen Broussard, Beth Finch, Shannon Dartez, Alyson Womack, Terri Dawes,

Tracy Ralston, Linda Alesi, Lise Anne Slatten, Karen King, Ginger Welborn, Dawn Alexander, Lea Ann Remondet, Melanie Martin, Maggie Justus, Jeannie Patton, Hope Hebert, Margaret Trahan, Judy Kennedy, Lesley Fritscher, Ann Marino, and Meg Chase.

PROVISIONAL SPOTLIGHT

SPRING PROJECT

Little Free Library



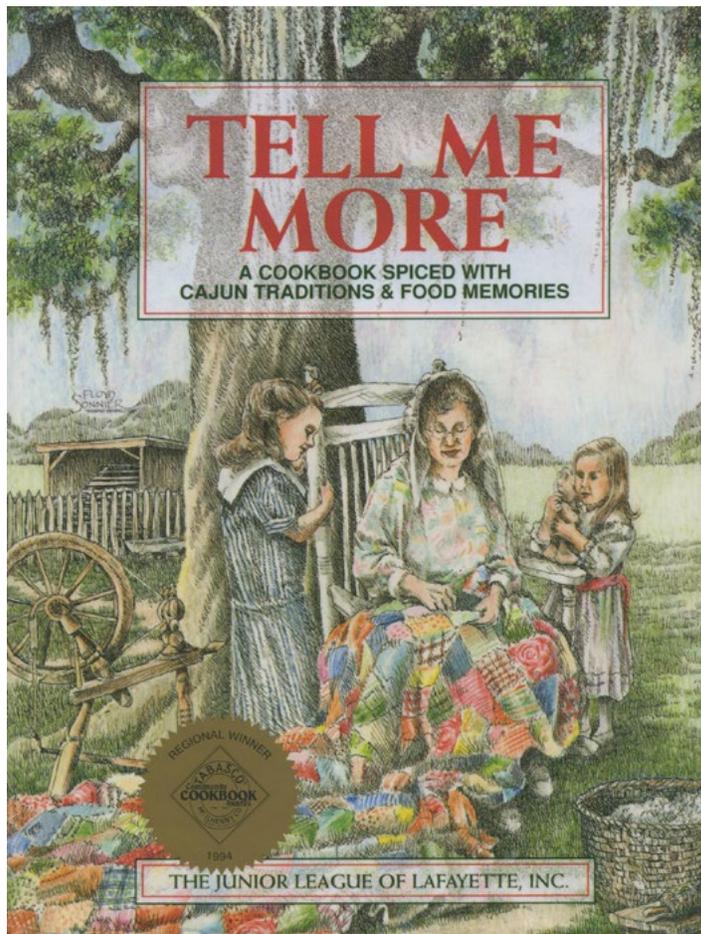
The 2017-2018 Provisional class will soon be installing five neighborhood book exchange boxes in Lafayette to promote literacy for women and children in those communities. The initiative is derived from the official **Little Free Library**, a national program of more than 60,000 libraries building community, sparking creativity and inspiring readers.

The libraries look similar to a mailbox, are installed in easily accessible locations, and contain a collection of books for neighbors to borrow. The goal is that each reader leaves a book when they take a book, which fosters a true book exchange program. In preparation, Junior League of Lafayette Provisionals have gathered hundreds of great titles from various donors to fill each box. Final installation of the libraries is scheduled for end of March.

"We are excited to share the concept of free book exchanges in communities across Acadiana," stated Angelle Adams, Provisional Chair. "This is a very practical way to make a direct impact in these identified neighborhoods for years to come. We're proud to be a part of the **Little Free Library** movement!"

COOKBOOK SPOTLIGHT

Tell Me More Turns 25!



The Cookbook Committee is honored to announce that our beloved *Tell Me More* cookbook is turning 25 years old this year!

This Southeast Winner of the 1994 Tabasco Community Cookbook Award is bursting with delicious recipes.

The book reveals stories of past

and present Cajun traditions, along with fond food memories. In this third Junior League of Lafayette cookbook installment, readers learn to make great dishes using

basic pantry items. All of the recipes are from legendary Cajun cooks, as well as those of a new generation.

Tell Me More also features illustrations by renowned Cajun artist, the late Floyd Sonnier. More than 60,000 copies have been sold since it debuted in 1993.

Happy Anniversary, *Tell Me More!*

C'est bon!

COOKBOOK RECIPES



MAW-MAW'S BREAD PUDDING

BREAD PUDDING:

- 8 slices stale bread (or raisin bread)
- 6 eggs
- 1 cup milk plus 2 tbsp
- 5 tbsp sugar
- 3 tbsp melted butter
- 1 tsp vanilla extract

Mix all ingredients well and place in dish and then place the dish in a pan of water. Bake in 350 degree oven for 1 hour or until knife inserted comes out clean.

SAUCE:

- 3 egg whites
- 4 tbsp sugar
- 1 tsp vanilla

Beat until stiff. Cover pudding with sauce. Place in 350 degree oven until brown.

CORN AND SHRIMP SOUP

- 4 cups fresh or frozen corn chopped slightly in blender or food processor
- 1/3 cup cooking oil
- 2 cups chopped onions
- 1 cup chopped celery
- 1 clove chopped garlic
- 1 16 ounce can stewed tomatoes, cut up or pureed in processor or blender
- 6 cups chicken stock
- 2 tsp creole seasoning
- 4 tsp salt
- 3 cups peeled shrimp
- Hot sauce to taste

ROUX:

- 1/3 cup flour
- 1/3 cup oil

Make roux and set aside. Smother corn in cooking oil for about 30-45 minutes. Add onion, celery, garlic and tomatoes. Let smother about 15-20 minutes longer. Add roux to smothered mixture. Add water, creole seasoning, salt and hot sauce. Let cook 45 minutes to an hour. Add shrimp and cook until tender, about 3 minutes after it comes to a boil. Don't overcook shrimp.



DONE IN A MEETING

Helping Neighbors in Need



Located in Lafayette, The Emily House represents Catholic Services of Acadiana's most recent endeavor to respond to women experiencing homelessness in Acadiana. For more information, visit catholicsservice.org.

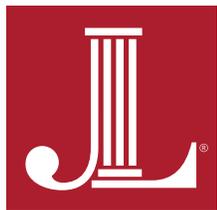
Each year, Junior League of Lafayette members conduct a "Done in a Meeting" project during a selected General Membership Meeting. In December, our Collaborative Opportunity Grants committee purchased supplies to fulfill a request for Catholic Services' The Emily House, a newly renovated 48-bed facility for women and children seeking shelter in Acadiana. With the new facility came the need for supplies, and Junior League of Lafayette was ready to help.

As our members entered City Club for the December meeting, they were met with hundreds of new pillows, blankets, and sheets waiting to be sorted, packaged and sealed with love for those in need. The group quickly got to work and in less than 30 minutes, prepared 100 bedding sets, each tied with a ribbon and hand-written note with an inspirational message for the women and children who will stay at the facility.

"The Done in a Meeting project is one of my favorites each season," shared Cydra Wingerter, Junior League of Lafayette member. "It's incredible to see us work so quickly to provide a tangible and much needed items to neighbors in our community. It's a true representation of our Mission in action."

ANNOUNCEMENT

PARTNER WITH



JUNIOR LEAGUE OF LAFAYETTE

Tinsel & Treasures 25th Anniversary



TINSEL & TREASURES

JUNIOR LEAGUE
OF LAFAYETTE

The 2018 special Tinsel & Treasures shopping extravaganza, scheduled for September 26-29, at the CAJUNDOME Convention Center, will be a celebration unlike any other! Did you know that in 2017, Junior League of Lafayette raised more than \$330,000 through Tinsel & Treasures – money that directly contributes to the numerous grants and community programs we provide in the Lafayette area? It takes a community of caring businesses and individuals to make it all possible, and our sponsors are among the most

Unique sponsorship opportunities are available this year. Make sure to ask about:

- **Preview Party** - An exclusive night of shopping, live music, our coveted silent auction, VIP treatment in our sponsor area and more!
- **Cookbook booth** - JLL is also celebrating Tell Me More's 25th Anniversary in 2018. The booth is sure to be filled with delicious taste treats from this favorite book.
- **Center Court** - It's where the action is! Photo opps, character visits and more.
- **Merchant Map** - More than 10,000 shoppers receive this map as they enter Tinsel & Treasures. Get maximum exposure with this exclusive sponsorship opportunity.

These are just a few of the many ways to highlight your business, while also showing support to the many women and children in the community who receive assistance through Junior League of Lafayette grants and volunteer projects. Help us extend our Mission – be a sponsor of Tinsel & Treasures in its 25th year!

For information, please email jllsponsor@gmail.com.



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**SAVE THE
DATE**



**KITCHEN
TOUR**

JUNIOR LEAGUE OF LAFAYETTE

SATURDAY
MARCH 17, 2018
12 p.m.- 4 p.m.

Tickets available at juniorleagueoflafayette.com

