

Petit POTPOURRI

DECEMBER 2019

A PUBLICATION OF JUNIOR LEAGUE OF LAFAYETTE



Finding Your Fire



JUNIOR LEAGUE OF LAFAYETTE

OUR MISSION Junior League of Lafayette is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

OUR VISION Women as leaders for lasting community change.

2019-2020

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Petit POTPOURRI 2019-2020

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Use our hashtags

#JLLafayette whether you're out in the community volunteering or witness League members in action.

#TinselandTreasures for all Tinsel & Treasures posts and photos from this year's event.

#WhyJLL with all of the reasons you choose to be a member of Junior League of Lafayette.

#WeGotThis when we come together collectively to make a difference in our community.

IF YOU WANT TO

Develop your leadership skills

DO GOOD

Make friends while making a difference

BE INSPIRED

Change your community... and the world



Then join us!

Junior League of Lafayette invites you to our Admissions Open House at 6:30 p.m. on January 30, 2020.

Learn more about how to become a member and how Junior League of Lafayette impacts the Lafayette community. Since 1957, Junior League of Lafayette has been on the forefront of social reform, identifying problems and finding solutions. Membership is open to women over the age of 23 by June 1, 2020.

All sessions will be held at Junior League of Lafayette Headquarters
504 Richland Avenue | Lafayette, LA 70508

For questions about membership, please contact our Admissions Committee at admissions@juniorleagueoflafayette.com or visit our website at juniorleagueoflafayette.com.

WeGotThis.

THE JUNIOR LEAGUE

Happy Holidays!

During this magical time of year, I reflect on the wonderful aspects of our community and the opportunities provided to us in Acadiana. I am forever grateful for the training, experience and friendships I have gained from Junior League of Lafayette and I am truly thankful for the commitment of our members and partners, along with their dedication to making Acadiana a better place to live, work and thrive.

This was evidenced to me by the incredible volunteers, sponsors, merchants and shoppers that walked through the doors at our 26th annual Tinsel & Treasures holiday shopping market. Without the support of everyone that worked or attended, Junior League of Lafayette would not be able to continue its Mission in Acadiana. So, from the bottom of my heart, I want to say, "THANK YOU" for supporting Junior League of Lafayette. This fall has been busy for our members, with Collaborative Opportunity Grants underway, the completion of our rock and roll nutrition show, Jump with Jill, in area elementary schools, the celebration of our 40th anniversary of "Talk About Good II," and so much more. The work of our membership never ceases to amaze me. If you are considering membership in our organization, I encourage you to join us at an Admissions session, visit our website or contact our Headquarters to learn more about how you can get involved. I promise you, the experiences and training gained will be abundant! There is no greater gift you can give than sharing your time and talents to help improve our community, and I can think of no better way to give back than through the work of Junior League of Lafayette. Thank you for all you do to make Lafayette a better place and I wish you all a happy and healthy holiday season!



President Angelle Adams



BOARD OF DIRECTORS & MANAGEMENT TEAM 2019-2020

From left to right, third row: Christa Billeaud, Megan Andrus, Jeigh Stipe, Caroline Potier, Monique Gideon, Chrissy Morris, Tracy Ralston, Elizabeth Lyons

From left to right, second row: Amy Courville, Cathy LaGrange, Monica Zuschlag, Angela Cring, Theresa Landry, Frances Attenhofer

From left to right, front row: Roya Boustany, Dr. Melanie Fowler, Angelle Adams, Katherine McCormick, Carlee Alm-LaBar

Community Advisory Board Member Interview



At the General Membership Meeting in October, our Membership Development training focused on fire prevention awareness training, which included a visit from the guys from Station 5. Chief Forrest Chaisson and his team gave the League a few household tips as part of Fire Prevention Month. However, it was during that meeting that many League members reflected on the value and variety of our relationships that extend beyond the League, and that sentiment is especially evident in our commitment to a vibrant and active Community Advisory Board.

The composition of our League's Community Advisory Board consists of ten community leaders and seven Junior League of Lafayette members, serving as a two-way communication link between the League and our community. President-Elect, Dr. Melanie Fowler, sees the Community Advisory Board as incredibly valuable to our operations from

the inside out: "[CAB] helps the (League) Board set strategic goals by giving us knowledge about our community that we might not get otherwise. It also helps us in our communications efforts by educating these leaders on our Mission."

While Junior League of Lafayette members benefit from the variety of professionals and leaders on this team, Community Advisory Board members benefit from learning about the wide grasp of our programs, network and audience. Members who were present during the October General Membership Meeting can attest to the palpable energy and attentiveness in the room as the Station 5 firemen gave their best fire-prevention tips and answered member questions. While the evening's events made for a captive audience, the presentation and follow-up questions were packed with real education and genuine interest in keeping both our families and community safe.

Community Advisory Board Member, Fire Chief Robert Benoit, sees his investment in Junior League of Lafayette as a **mutual partnership** of service and progress, and we are thrilled to be working alongside him during his 2018-2020 term. We were able to catch up with Chief Benoit to ask him a couple of questions about his service on our Community Advisory Board.

Burning Questions and Answers with Fire Chief Robert Benoit

From your perspective, what does it mean to partner with Junior League of Lafayette?

As the only male at my first function, I initially felt somewhat intimidated during my arrival. But everyone warmed up to me and made me feel special. I can truly say that I am honored to be selected as an advisor for such a wonderful and impactful service given to others.

What surprises you most about Junior League of Lafayette?

In my forty years in the fire service, there are not too many things that catch me off guard. However, the services provided by Junior League of Lafayette are a representation of Acadiana: people helping people in need that reaches across all barriers. I have found it very amazing to see so much support and commitment displayed among females who have a genuine concern for others; this way the whole community wins.

What have you most enjoyed about being a Community Advisory Board member?

Making new friends who are committed to helping others, brainstorming to create new ideas to achieve that success, and sharing a meal with community leaders who are paying it forward.

What advice would you give Junior League of Lafayette leaders and members?

Stay positive. Always tell the truth and apologize. When you make a mistake, correct it immediately. Junior League of Lafayette has a lot of credibility in this community. KEEP UP THE GREAT WORK!

COMMUNITY ADVISORY BOARD

2018-2020 TERM	2019-2021 TERM
Chief Robert Benoit	André Breaux
Jonathan Koob	Ben Broussard
Donna Landry	Dr. Annie Spell
Jennifer LeMeunier	Chris Roy
Dr. Monique Monteilh	Yvette Quantz



COMMUNITY SPOTLIGHT

Learn. Dream. Live. Run!

After 10 weeks of training, life lessons, new friendships and a ton of fun, Junior League of Lafayette volunteers supported nine girls from The Boys & Girls Club Granberry Unit as they participated in their culminating Girls on the Run 5K on November 17 in Baton Rouge. After a Zumba warm-up, the girls lined up on the starting line in fairy wings, tutus, hair spray, bandanas and flower crowns of their choice. As you can probably imagine, it's quite a beautiful sight to see a flurry of 8-11 year-old girls take off wearing bright colors and newfound confidence.

However, this program is not just about fun outfits and a race. The process leading up to this event is incredibly thoughtful. Each week, our volunteers are intentional with awarding **personal growth** and creating opportunities for these young girls to give back to the community. During training for the 5K, Junior League volunteers make sure each participant wins an award such as the "Energy Award," which comes with a coveted cape to wear at practice! The League

also curates a community project to work on with the girls in addition to their training. Over the past few years, they have created care packages and customized cards for foster children, homeless shelters and nursing homes. Our volunteers share that this experience of giving back ends up being the most meaningful experience for the girls.

Ultimately, the League invests in the Girls on the Run program because it inspires girls to be joyful, healthy and confident, all under the guise of a running curriculum. Katarina Adkisson, Girls on the Run Committee Chair, is confident that this program not only benefits the **children of Acadiana**, but it is also incredibly rewarding for her and her fellow volunteers. "My favorite part of the program is witnessing my relationships with the girls grow and also watching them grow as individuals. When the shy girl starts to open up or the more impulsive girl starts thoughtfully raising her hand, that's the real reward," shared Katarina.



GIRLS ON THE RUN COMMITTEE

- CHAIR** Katarina Adkisson
- SUSTAINING ADVISOR** Kimberly Summerhays
- PLACEMENT ADVISOR** Erica Gauthier
- VOLUNTEERS** Sasha Andrus, Carli Graff, Kat Lannom, Megan Lemoine, Ayesha Martin, Elisabeth "Beth" Robertson, Brandy Thibodeaux, Katie Waxley

Collaborating in the Community

Junior League of Lafayette's Collaborative Opportunity Grants Committee awarded their 2019-2020 grants, which consist of volunteer support hours as well as financial contributions, to 13 local nonprofit organizations. These annual grants are funded through Junior League of Lafayette fundraising activities such as Tinsel & Treasures, Kitchen Tour and the League's sales of its four member-written cookbooks. Junior League of Lafayette President, Angelle Adams, shares the importance of these grants: "By awarding the Collaborative Opportunity Grants, Junior League of Lafayette is able to expand upon the impact that these nonprofit agencies make in the community. Our collective efforts combined are so valuable in improving the lives of women and children in Acadiana."

2019-2020 GRANTS RECIPIENTS

COLLABORATIVE DAY PROJECTS

Total \$8,500

United Way of Acadiana: Day of Thanksgiving *(\$1,500)*

Junior League of Lafayette will collaborate with United Way to purchase, sort, package, and distribute additional groceries for Early Head Start families' Thanksgiving meal, plus books for parents to read to students during the Thanksgiving break. Often times, these families do not have enough food to have a traditional Thanksgiving meal and rely on local shelters or food banks for their meal. The Day of Thanksgiving will allow these families to have a Thanksgiving meal at home, a meal they would not be able to afford otherwise.

DREAMS Foundation of Acadiana: DREAMS Manufacturing Company *(\$1,500)*

DREAMS Foundation is a nonprofit organization that provides activities and opportunities for individuals with special needs. In 2018, DREAMS Manufacturing Company, a meat pie making company, was opened and now employs 21 individuals with disabilities. Junior League of Lafayette will purchase the ingredients to make the meat pies for a week, and Junior League of Lafayette volunteers will assist DREAMS Manufacturing Company employees in making the pies during the week.

Miles Perret Cancer Services: Giving Tree *(\$1,500)*

Junior League of Lafayette will assist with Miles Perret Cancer Services Giving Tree, an annual gift-giving program that offers help, comfort and making the holidays a little bit brighter for local families fighting, surviving and living with cancer. 42 "Milesy" ornaments (42 gifts) will be purchased and wrapped for children.

Second Harvest Food Bank: Scott Middle School Pantry Program *(\$1,250)*

Junior League of Lafayette will collaborate with Second Harvest Food Bank to provide healthy foods and simple, kid-friendly recipes to approximately 100 students and their siblings to prepare while parents are at work during the Mardi Gras holiday.

New Hope Community Development of Acadiana: Spring Party *(\$1,250)*

Junior League of Lafayette will assist with facilitating the New Hope Spring Store and Spring Party for students who participate in the after-school tutoring program. These students earn New Hope Dollars by doing all their homework, doing extra work and exercising self-discipline. During the New Hope Spring Store, students can spend their New Hope Dollars and are encouraged to purchase gifts for their family, teachers and friends, along with a special gift for themselves. Volunteers will assist with purchasing items for the store and serving as shopping assistants, as well as planning games and purchasing food for the Spring Party.

Catholic Charities of Acadiana: Housekeeping Starter Kits *(\$1,500)*

Junior League of Lafayette will purchase items for a total of 125 housekeeping starter kits: mop, mop bucket, broom, dustpan, small trash bin, laundry basket, toilet brush, dusters, trash bags, etc., plus, an inspirational card. These starter kits will be given to residents at Emily House to maintain the cleanliness of their space during their stay at Emily House and will go with them when they move into permanent housing.

COLLABORATIVE NIGHT PROJECTS

Total \$8,500

Healing House: "Celebration of Life" *(\$1,500)*

Junior League of Lafayette will collaborate with Healing House to host an event inspired by the Mexican celebration of the dead. Healing House families will be invited to spend a night celebrating and paying tribute to their deceased loved one with each family bringing their loved one's favorite dish as a potluck supper and doing remembrance activities such as decorating a picture frame to hold their loved one's picture, working together as a family to create a memory book about their loved one, and lighting candles for an end of the night prayer service. This project will allow families to work together in remembering their loved one while processing the loss.

Immaculate Heart of Mary Catholic Church: IHM Career Connections *(\$1,500)*

Junior League of Lafayette will assist Immaculate Heart of Mary Catholic Church with their Immaculate Heart of Mary Career Connections events in October, January and April. Immaculate Heart of Mary Career Connections project is committed to developing and educating our disenfranchised members of the community. These events aim to empower youth, especially female youth, between the ages of 12 and 19 years of age, with extensive knowledge of various careers, the education and training needed for those careers, as well as providing job shadowing and mentoring opportunities.

2019-2020 GRANTS RECIPIENTS



Basin Arts: Student Dance Showcase *(\$1,500)*

Junior League of Lafayette will assist Basin Arts with their Student Dance Showcase, a free performance opportunity for local dancers ages 5-18 years old, combined with dance classes and workshops for students, teachers and parents. Junior League of Lafayette members will help with logistics in planning the event and volunteer the day of the event. This project provides a free community performance that connects children through the art of dance, shares diverse dance styles, fosters camaraderie among local dancers, and exposes the physical and mental health benefits of dance for all ages.

Autism Society Acadiana: Lending Library Expansion *(\$916)*

Junior League of Lafayette will purchase new books for the library as well as library software to help keep track and make books searchable for check out. Volunteers will help apply barcodes to the new and existing inventory and organize them into categories. In Lafayette Parish, Autism

Society Acadiana serves over 570 families and individuals touched by autism, as well as professionals who work with people on the spectrum. The Lending Library Expansion will provide more resources for parents, caregivers, professionals and people living with autism.

Hearts of Hope: Counseling Area Improvement Project *(\$1,500)*

Junior League of Lafayette will partner with Hearts of Hope in improving the counseling room to provide a more comfortable and calming space in which sexual assault survivors can feel safe to address their trauma. Hearts of Hope provides trauma-informed group counseling services to adult and child survivors of sexual assault, as well as to the caregivers of children who have been sexually abused.

Foster the Love Louisiana: First Nights Program *(\$834)*

Junior League of Lafayette will purchase and assemble 16 bags for the First Nights Program. This program provides support

for children entering foster care and to the families that take them in. The bags are age and gender appropriate and are filled with clothing and hygiene essentials. Foster the Love Louisiana's goal this year is 900 bags each costing approximately \$50 to assemble. Completed bags are presented to the local DCFS office for distribution.

The Merle F. and Herbert Hanna Foundation: The Clearport Learning Center/ Girls Night *(\$750)*

Junior League of Lafayette will assist The Clearport Learning Center's mentoring program in putting on their Girls Night in March. The program provides the students with a mentor who visits the center monthly to spend time with the girls and hold small group discussions about responsibility, goal-setting and other life skills. Girls Night provides a meal as the students gather with invited female community members to discuss topics that have been previously submitted by the students. Afterwards, students enjoy fellowship through planned activities and arts and crafts.

COLLABORATIVE OPPORTUNITY GRANTS COMMITTEE

CHAIR Jennifer Kirkley

STEP-UP CHAIR Adrienne Reed

SUSTAINING ADVISOR Candace Laviolette

PLACEMENT ADVISOR Adrienne Mullens

DAY COORDINATOR Lisa Capone

DAY COMMITTEE Danika Arenibas, April Daigle,

Elizabeth Diebold, Shelly Fontenot, Sonia Hebert, Blair Kling,

Megan McGinnis, Lauren Meche, Sarah Parham, Rebecca Prudhomme, Rebecca Rader, Laura Rafferty, Katie Sanford, Alyssa Wheatley

NIGHT COORDINATOR Adoria Hankton

NIGHT COMMITTEE Casey Ardoin, Jennifer R. Boudreaux, Mollie Broussard, Madeleine Groth, Ashley Hebert, Markenia Jackson, Nicole "Nicki" Leger, Charlotte Martin, Kelee Roddy

COOKBOOK

TRANSFER HIGHLIGHT

Celebrating *Talk About Good II* with the Rodrigue Family

Junior League of Lafayette celebrated 40 years of "Talk About Good II" with a lively gathering at Blue Dog Café. League



members and Sustainers, including some of the members of the original Cookbook Committee for "Talk About Good II," joined André and Jacques Rodrigue to honor both the impact the cookbook has made over the past 40 years, as well as the contribution of their father, George Rodrigue, and his artwork to the legacy of the cookbook. Guests attending the celebration were treated to delicious dishes of Chicken Fricassee, Grits and Grillades and mini Pumpkin Pies, all made from recipes found in "Talk About Good II," while surrounded by the iconic artwork of George Rodrigue.

Jaques Rodrigue spoke of his father's contributions to the book by saying, "Dad always said, 'books sell paintings,' and he was excited to have this book as part of his catalog, to be able to show just how important and how special these paintings are. His mission was to visually interpret the history of Acadians on canvas. There is no other

way to talk about **Cajun culture** without talking about its food. The members of Junior League did a great job of capturing how special that food is with those recipes and tying in dad's art. It is the perfect book that doesn't get any more Cajun."

After 40 years, how can one cookbook still remain such a relevant part of the Acadiana culture and community? "I think the cookbook is still relevant because of the tradition it represents. All of the menus focus on so many of our traditional foods," expressed Kathy Leonard, Cookbook Committee Chair during the conception and publication of "Talk About Good II" (1974-1979). "I think the art also makes it remain relevant and is probably why it continues to sell so well."

The nostalgia of the event was palpable and everyone felt the significance of the past 40 years to Junior League of Lafayette and the community at large. The "Talk About Good II" Cookbook Committee, along with George Rodrigue, created a piece of **Acadiana history** that will live on and be celebrated for years to come.

"It is wonderful that the League is still promoting the cookbook," said Leonard. "It is very rewarding and fulfilling to see that it has lasted for 40 years and it is still selling well. We are very proud of it."



COOKBOOK COMMITTEE

- CHAIR** Kristen White
- STEP-UP CHAIR** Ayesha Martin
- SUSTAINING ADVISOR** Amy Abraham
- PLACEMENT ADVISOR** Kate Labue
- COMMUNICATIONS LIAISON** Katherine Bernhardt

- 40th ANNIVERSARY CO-ORDINATORS** Sally Herpin, Kristin Mayeaux
- ACCOUNT COORDINATOR** Rebecca Roy
- ACCOUNT COORDINATOR STEP-UP** Kacie Matte
- DISTRIBUTION CO-COORDINATORS** Meghan Ray, Amy White
- COMMITTEE** Renata Alexander, JaWand Edwards-Morris, Kacey Hebert, Tina Hebert, Aleisha LaCour, Clare Roubion, Anna Twilley

Talk About Good II on exhibit at The Southern Food & Beverage Museum

Our beloved book featuring artwork from the legendary George Rodrigue will be front and center in the New Orleans museum for the entire month of December.

The exhibit entitled "Cajun By You: How Junior League of Lafayette taught millions the art of Cajun Cooking at home" combines

storytelling, photography, videography, dynamic displays and the artwork of George Rodrigue.

Thank you to the Rodrigue family and the staff at The Southern Food & Beverage Museum for this unique and exciting opportunity.



Transfer Members Bring Fresh Perspectives

Through the years, many women from around Acadiana have joined Junior League of Lafayette to impact our community, while also developing as leaders through their work in the organization. Oftentimes, during the year we welcome members from Leagues around the nation. This year, we are excited to add two Transfers from neighboring Louisiana Leagues. As an ever-growing and evolving organization, we value the fresh insight these transferring members bring.



Heather Guidry

PREVIOUS LEAGUES: Lake Charles and New Orleans, Louisiana
WHAT IS YOUR FAVORITE THING ABOUT LAFAYETTE? "The people! Everyone is so friendly."



Kathleen Lannom

PREVIOUS LEAGUES: Alexandria, Louisiana
WHAT KEEPS YOU IN THE LEAGUE? "The league has always been about getting involved with my community and helping others in any way I can. It's about the SERVICE and women fellowship y'all!"

TRANSFER COMMITTEE

- CO-CHAIRS** Madeline Pierce, Jennifer Quirk
- SUSTAINING ADVISOR** Jenny Gautreaux

- PLACEMENT ADVISOR** Cathy LaGrange
- COMMITTEE** Heather Guidry, Kathleen "Kat" Lannom

A Special Holiday Cake *Talk About Good II*

Ingredients:

- 2 sticks butter
- 1/2 cup shortening
- 3 cups sugar
- 5 large eggs
- 2 teaspoons vanilla
- 1 teaspoon almond flavoring
- 1 teaspoon coconut flavoring
- 3 cups plus 4 tablespoons flour
- 1/2 teaspoon baking powder
- 1 teaspoon salt
- 1 cup milk

Sift dry ingredients well before you start. Cream butter, shortening and sugar well by hand. Using mixer, add eggs, unbeaten, one at a time, beating well after each egg. Now add flavorings and flour and milk

alternately, beating well after each addition. Pour in well greased and floured angel food cake pan and cook in oven at 325 degrees for about 1 1/2 hours, or until straw comes out clean.

Icing:

- 1 (1 pound) box powdered sugar, sifted
- 1/4 teaspoon salt
- 2 tablespoons butter
- evaporated milk

Heat milk and butter until melts, add sugar, then add enough evaporated milk to make it consistency to spread. Add flavoring and some coloring.



COMMUNITY FEATURE



"I hope that attendees left inspired and motivated to use their passion, talent and experience to make positive, impactful changes in their lives. If attendees walked out having learned something that will enhance their personal and professional lives, we have accomplished our goal. If they utilize the message to improve our community, we are all better because of it."

— Christy Alford
Lunch & Learn Chair

Finding Your Fire Community Lunch & Learn Event

On November 20, women from across Acadiana gathered at the Petroleum Club of Lafayette to "find their fire" and learn to create the changes they want to see in themselves, their families and their community, at **Junior League of Lafayette's inaugural Lunch & Learn event**. Women of all backgrounds, socioeconomic statuses and professions attended the community program, where they obtained leadership training along with inspiring and motivating messages focused on creating a life that lights a fire within and using it as a catalyst to impact the world around them.

"Lunch & Learn is an invaluable addition to the Lafayette community because of the impact it has on the women who attend. Whether they are a college student, a recent college graduate, a working professional, or a stay-at-home mom looking to re-enter the workforce, they will obtain personal development through an array of topics offered. We are developing the potential of women, regardless of what stage of life they are in, one luncheon, one topic at a time," says Junior League of Lafayette President, Angelle Adams.

The event showcased powerful personal stories and lessons shared by our captivating, special guest speaker, Terri Broussard Williams, founder of Movement Maker. Terri served as a provisional member of Junior League of Lafayette sixteen years ago, and has taken her experiences from her time in the League and throughout her life to cultivate a message for igniting a fire and passion within the women who attend her events. "It is incredible how this was something I didn't know to even consider," Terri said. "Speaking was something I could do, but never saw it. And this was where I learned what I could do - not just Acadiana, but in Lafayette and, specifically, in Junior League of Lafayette."

Leaders turn moments into movements and Terri Broussard Williams believes that movements start from within each one of us. We all have the capacity to become advocates, philanthropists or change-makers once a movement and fire have been stirred within our hearts. And ignite a fire she did. Those in attendance attentively listened as Terri shared her powerful message of perseverance, passion and faith. She spoke of her hectic and full, yet exhausting



life before a concussion forced her to stop and be still. Like so many of the women hearing her message, she never thought to stop - stop living for everyone else and give herself the rest she needed. **"You're not required to set yourself on fire to keep others warm,"** Terri expressed. And, in that moment, the room filled with a collective feeling of relief from women all so different, yet, so similar, as each one took in the power of that statement.

Before the conclusion of the day, audience members asked thought-provoking and poignant questions demonstrating their hunger for balance between doing it all and finding a place of stillness and rest. "In life, you're driving so fast that you think you know where you're going," Terri explained. "You may be driving

every which way and you just want to go forward. But you don't have to go fast or in so many directions to go forward. Your life is already fueled by faith and fortitude. You just have to be still and steer."

Junior League of Lafayette is incredibly proud to use the fruits of our fundraising efforts to host the Lunch & Learn series each year. We offer this community program as a training opportunity to all women in Acadiana. This year, the program will offer a three-part luncheon series designed specifically to develop the potential of women in Acadiana. In a community with ever-evolving needs, Junior League of Lafayette is proud to serve as a force for good, impacting Acadiana one community program at a time.



LUNCH & LEARN COMMITTEE

- CHAIR** Christy Alford
- STEP-UP CHAIR** Georgia Crowell
- COMMITTEE ADVISOR** Sarah Berthelot
- SUSTAINING ADVISOR** Corinne Cotten Sprague
- PLACEMENT ADVISOR** Maria Watson
- COMMITTEE** Heather Escott DeValcourt, Brooke Harrington, Dr. Ashley Thom, Christina Victor

BE ON THE LOOKOUT!
SPRING LUNCH & LEARN
February 2020



COMMUNITY SPOTLIGHT

Rocked & Rolled Lafayette Elementary Schools



In a community where food and music take center stage, Jump with Jill is a perfect fit for nutrition and wellness education in our schools. From November 4-6, Junior League of Lafayette brought the Jump with Jill live event to three schools in the Acadiana area: **Charles M. Burke Elementary**, **L. Leo Judice Elementary** and **Green T. Lindon Elementary**. Created by a Registered Dietitian and musician, Jill Jayne, the nationally touring show transforms nutrition education into a full-scale rock concert covering enjoying fruits and vegetables, exercising to make the Beat of the Body, Getting Goin' with Breakfast, and Drinking Water, just to name a few.

Wendy Freeman, Jump with Jill Committee Chair, believes that this is an outstanding community program, benefiting the youngest Acadians in our community. In reflecting on the event series, Wendy expressed, "I feel like Jump with Jill has a fun way of teaching the kids about living a healthy life by singing and dancing. The kids really enjoyed the show this year."

When planning the 2019 tour, the Jump with Jill Committee was particularly thoughtful in selecting local school partnerships. The committee worked closely with Celeste Finney, Nutrition Program Coordinator with Lafayette Parish School System, to select schools that

participate in the School Garden Initiative (SGI), a local effort that pairs well with the nutrition and lifestyle content of the show.

SGI provides a curriculum-based garden experience to students throughout the school year. Each classroom connects the garden into their curriculum as an outdoor laboratory with the teacher incorporating lessons into many subjects including history, reading, creative writing, math or science. Programs such as SGI positively impact students' preference and consumption of fruits and vegetables through combining curriculum based gardening with nutrition education. Celeste shared her excitement for the show saying, "the schools selected for Jump with Jill have nutrition and healthy choices in the forefront through their involvement in the School Garden Initiative. These fun and energetic shows layer on another opportunity for the children to be exposed to the importance of eating vegetables and making healthy choices, ultimately helping to increase the impact of nutrition education in the long-term."

Ultimately, the Jump with Jill event coupled with the nutrition education from SGI holistically supports the **fight against childhood obesity**; as a League, we hope these efforts will have a lasting impact on our children at a time where they are learning and growing the most.

JUMP WITH JILL COMMITTEE

CHAIR Wendy Freeman

SUSTAINING ADVISOR Kelli Broussard

PLACEMENT ADVISOR Maria Watson

COMMITTEE Robyn Guillory,

Shaquana Lewis, Dr. Whitney Linville

www.juniorleagueoflafayette.com

KITCHEN TOUR

Talk About Good Kitchens!

Join us for the 2019-2020 Junior League of Lafayette Kitchen Tour! Junior League of Lafayette's annual Kitchen Tour is a self-guided tour that will give you the opportunity to view spectacular kitchens within six beautiful homes around Lafayette. From new builds to timeless classics, the homes on this year's tour are all must-sees.

We are also excited to announce that door prizes are returning! As you visit each home, enter your name to win

an incredible themed basket. Once you have toured all six homes, you will also have the opportunity to turn in your ticket to win an exclusive grand prize.

Junior League of Lafayette's Kitchen Tour is always an incredible event, but most importantly, all ticket proceeds from Kitchen Tour support Junior League of Lafayette's Mission of enhancing the well-being of women and children in the Lafayette community.

WHEN: 12-4 p.m. on Sunday, March 15, 2020

HOW: Admission tickets are \$25 each

WHERE: Tickets available January 2020 at juniorleagueoflafayette.com or Junior League of Lafayette Headquarters at 504 Richland Avenue.

Would you like to become a sponsor for this year's Kitchen Tour?

For sponsorship or in-kind donation interest, please contact:

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KITCHEN TOUR

JUNIOR LEAGUE OF LAFAYETTE

www.juniorleagueoflafayette.com

HIGHLIGHTS



The most wonderful time of the year, Junior League of Lafayette's Tinsel & Treasures holiday market, has come and gone, leaving shoppers, merchants, sponsors and League members with the warm and nostalgic feelings of Christmas. This event continues to be one the community looks forward to and supports each year, and this year was no different.

As Tinsel & Treasures Chair Misti Bryant said, "Tinsel & Treasures has been a staple in the Lafayette community for 26 years. As our society continues to become more dependent on online shopping, Tinsel & Treasures allows an opportunity for family and friends to reconnect, every September, and make memories by shopping together, and investing in the Lafayette community." That is the League's goal through Tinsel & Treasures—to offer families in Acadiana, as well as those who travel to our community for the event, the opportunity to spend time with one another and share memories that will be cherished for a lifetime.

From Preview Party to Ladies Night, to a sold-out Children's Event, patrons were invited to a wide variety of festive events and were greeted by smiling Junior League of Lafayette

members at every turn. "This year, Breakfast with Santa and Friends allowed children an opportunity to escape into our winter wonderland. Seeing the colorful room, with activities for children of all ages, was the perfect way to kick off our last day of market" Bryant explained.

Thank you to all of the sponsors, shoppers, merchants and Junior League of Lafayette members for a wonderful 26th year of our Tinsel & Treasures holiday market. Whether you shopped with our many wonderful vendors or enjoyed one of the great events held throughout the market, we hope everyone had a truly incredible experience. The support of Tinsel & Treasures has afforded the League our ability to live out our Mission of promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. "If you could not make it this year," Bryant expressed, "we missed you. If you shopped, sponsored or worked shifts, we THANK YOU! We hope 2019 has made you excited to celebrate with us in 2020!"



Tinsel & Treasures Committee Front row: Rachel Hebert, Tracey Franzel Lassere, Misti Bryant, Cindy Mayeux, Paige Capell, Angelle David, Laura Thibodeaux Middle: Anna Claire Inzerella, Courtney Neidetcher, Kellie Kerstetter, Angela Navarre, Keesha Buteau, Marcela Carmichael, Elle Clements, Katherine Riemann, Kari Walker, Ruthie Landry Back: Paige Hightower, Jacquelyn Marks – Rollins, Melissa Lewis, Monique Gideon, Brigitte LaCour, Chrissy Morris, Jennifer Trapp, Katie DuBois

CHILDREN'S EVENT



PREVIEW PARTY





JUNIOR LEAGUE OF LAFAYETTE

THANK YOU SPONSORS



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\$30,000 and above



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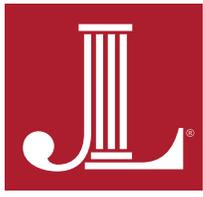


JUNIOR LEAGUE OF LAFAYETTE

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KITCHEN TOUR

JUNIOR LEAGUE OF LAFAYETTE

SUNDAY
MARCH 15, 2020
12 p.m. - 4 p.m.

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January 2020

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